Book Reading - Young People as a Factor of Spiritual and Moral Growth

Nigora Ochilova Ruzimuratovna
University of Economics and Pedagogy General methodological sciences

Abstract:
The spiritual and spiritual world of a nation can be determined by its attitude to books and reading level. Reading books is also the reason for the unique achievements of our ancestors who made a worthy contribution to world culture. Therefore, serious attention is being paid to raising the reading culture of the population in our country.

Today, in society, there is a need to preserve and even restore the position and importance of the book as a spiritual and moral food, the main source for the development of culture and language, an intellectual heritage passed down from generation to generation. Speaking about the impact of fiction on people, it is worth noting that any fiction has a moral-aesthetic aspect. In fact, literature expands the scope of the mind, shows the reader of any age what he can achieve in human life, or what situation he can fall into when faced with unexpected events, and causes him to draw a conclusion, on the basis of which he increases emotional experience, forms artistic taste, gives aesthetic pleasure in some places, modern teaches to aspire to processes that one can master in one's life.

The source of such inexhaustible power is first of all the great discovery of human thought - in books and libraries... The legacy of Imam Bukhari, Beruni, Khorezm, Ibn Sina, Jalaluddin Rumi, Alisher Navoi contributed greatly to the national rise of our people.

Today, in our country, on the basis of the Action Strategy on the five priority areas of development of the Republic of Uzbekistan in 2017-2021, huge changes are being implemented in all sectors and industries. In this regard, the culture of reading, which is of incomparable importance for instilling...
good values and traditions in the life of the society, especially in raising the spiritual and intellectual potential of our people, especially the young generation, their thinking and worldview, and in raising a well-rounded person who lives with love and loyalty to the Motherland and its people. special attention is paid to increase.

In this direction, it should be noted that some work is being done in the future to strengthen the relevant legal and regulatory framework, to conduct organizational and practical work based on the requirements of the time, and to attract the general public to this issue.

Another useful aspect of the influence of fiction for the reader is that when the reader gets acquainted with the character of a certain work that forms an ideal and basic personal relationship, this state of "ideality" becomes a concrete life symbol for him, and this basic relationship changes his life experience and worldview[1]

The reforms implemented in order to increase the reading culture of the young generation growing up in our country are not in vain, therefore, the maturity of the future generation is determined by learning and being educated.

The future of our nation, first of all, depends on it, its spiritual power and the creative power of its national consciousness. The natural desire for material well-being should not be a hindrance to the nation's need for spiritual and intellectual growth.

Spirituality and enlightenment have always been the strongest characteristic of our nation throughout the centuries-old history. Harmonizing our traditional values with the values of the current democratic society is the guarantee of our further development in the future and the integration of our society into the world community [2].

Systematic and effective organization of promotional activities to improve book reading and reading culture, in this regard, among readers, librarians and promoters, contests such as "The most book-loving school", "The most book-loving neighborhood", "The most book-loving family", "The most active librarian" is to establish a high level of qualifying and republican stages [3].

In the Decree of the President of the Republic of Uzbekistan Shavkat Mirziyoev "On the establishment of a commission on improving the system of printing and distribution of book products, increasing and promoting the culture of book reading and reading", information-library institutions, especially in the field of education, along with educational literature revising the list of artistic, educational, scientific and popular literature, promoting published books through mass media, including "Culture and Enlightenment" TV channel, systematic organization of meetings with book authors in educational institutions, libraries, neighborhoods, formation of reading culture and reading skills in educational institutions, especially in pre-school and primary education special attention was paid [4].

References
1. Sh. Mirziyoev. Tashkent city, September 13, 2017, decision No. PQ-3271

